

# Match Awareness Practice Session Planner - Review Performance

Match Awareness | Review Performance | Asset ID CRIC-23-02-10

**Purpose:** This original printable practice session planner helps players, coaches, clubs, schools and families work with match awareness while pursuing one defined outcome: convert notes and results into one practical next step. Its method is to prepare, practise in blocks, record evidence and cool down. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to update the plan from score, overs, wickets, conditions and competition rules. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area        | Current evidence                | Next check |
|---|---------------------|---------------------------------|------------|
| 1 | Scoreboard          | Known / estimated / not checked | _____      |
| 2 | Resources Remaining | Known / estimated / not checked | _____      |
| 3 | Required Rate       | Known / estimated / not checked | _____      |
| 4 | Weather And Light   | Known / estimated / not checked | _____      |
| 5 | Field Restrictions  | Known / estimated / not checked | _____      |
| 6 | Next Checkpoint     | Known / estimated / not checked | _____      |

## Learning and Adaptation Starting Brief

- Gather: Which evidence separates scoreboard from resources remaining in this case? Gather enough records to review the work fairly.
- Align: How does required rate change the interpretation of weather and light? Align dates, conditions and measures before comparison.
- Detect: What boundary on field restrictions must be checked before relying on next checkpoint? Detect a repeated strength, gap or turning point.
- Explain: Which observation links resources remaining to field restrictions, and what remains uncertain? Explain the pattern without hiding contradictory evidence.
- Prioritise: What alternative explanation could account for both weather and light and scoreboard? Prioritise one adjustment with the highest useful value.
- Edition success means: choose a small next target supported by the session record

## Practice Session Planner

This format is designed to organise warm-up, focused drills, rest and review around one goal. For match awareness, apply the method in a deliberate sequence: prepare, practise in blocks, record evidence and cool down. The edition target is review performance, so each entry should show what was noticed, what was tried and what changed.

| Working step                  | What to record                                                                                 | Evidence or source         | Status         |
|-------------------------------|------------------------------------------------------------------------------------------------|----------------------------|----------------|
| Gather Scoreboard             | Which evidence separates scoreboard from resources remaining in this case?                     | Review set / date          | Open / checked |
| Align Resources Remaining     | How does required rate change the interpretation of weather and light?                         | Comparable record / date   | Open / checked |
| Detect Required Rate          | What boundary on field restrictions must be checked before relying on next checkpoint?         | Learning pattern / date    | Open / checked |
| Explain Weather And Light     | Which observation links resources remaining to field restrictions, and what remains uncertain? | Bounded explanation / date | Open / checked |
| Prioritise Field Restrictions | What alternative explanation could account for both weather and light and scoreboard?          | Next priority / date       | Open / checked |
| Schedule Next Checkpoint      | What next check on next checkpoint would make the record about required rate more useful?      | Review date / date         | Open / checked |

### Completion Standard

- Keep the work tied to match awareness, not to a vague general intention.
- Apply this adjustment: separate context, execution and outcome
- Which single adjustment is best supported by the complete review record?
- Expose this outcome risk if it appears: the next review has no date or owner.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-23-02-10 pairs practice session planner with the outcome 'Review Performance'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Evidence x Learning and Adaptation Focused Practice Lab

This lab pairs a evidence method with a learning and adaptation outcome lens. Work through the six actions to turn the subject focus - update the plan from score, overs, wickets, conditions and competition rules - into evidence for review performance. Preserve any gap that prevents a supported conclusion.

| # | Action                               | Constraint                                                                                                                                                | Record                             |
|---|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 1 | Collect / Gather field restrictions  | Which evidence separates scoreboard from resources remaining in this case? Gather enough records to review the work fairly.                               | Evidence list / Review set         |
| 2 | Classify / Align next checkpoint     | How does required rate change the interpretation of weather and light? Align dates, conditions and measures before comparison.                            | Source / Comparable record         |
| 3 | Trace / Detect scoreboard            | What boundary on field restrictions must be checked before relying on next checkpoint? Detect a repeated strength, gap or turning point.                  | Trace / Learning pattern           |
| 4 | Verify / Explain resources remaining | Which observation links resources remaining to field restrictions, and what remains uncertain? Explain the pattern without hiding contradictory evidence. | Verification / Bounded explanation |
| 5 | Reconcile / Prioritise required rate | What alternative explanation could account for both weather and light and scoreboard? Prioritise one adjustment with the highest useful value.            | Exception / Next priority          |
| 6 | Approve / Schedule weather and light | What next check on next checkpoint would make the record about required rate more useful? Schedule the next check and preserve the review trail.          | Sign-off / Review date             |

### Common Failure Modes

- For field restrictions, watch for the source has no date together with the review set is selective.
- For next checkpoint, watch for the evidence is second-hand together with unlike records are compared.
- For scoreboard, watch for two records disagree together with noise is mistaken for a pattern.
- For resources remaining, watch for a value lacks units together with contradictory evidence is omitted.
- For required rate, watch for the context has changed together with too many adjustments are prioritised.

### Independent Review Question

Format question: Which source is strongest for this decision, and what limitation remains? Outcome question: Which single adjustment is best supported by the complete review record? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Review Performance

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs evidence with learning and adaptation to pursue this objective: convert notes and results into one practical next step. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                   |
|--------------------------|-----------------------------------------|
| Purpose                  | Review Performance                      |
| Starting condition       | _____                                   |
| Chosen working area      | _____                                   |
| Bounded explanation      | separate context, execution and outcome |
| Evidence to capture      | _____                                   |
| Stop or review condition | _____                                   |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                                 | Evidence                           |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 0-5 min   | Which evidence separates scoreboard from resources remaining in this case? Identify the evidence required.                             | Evidence list / Review set         |
| 5-10 min  | How does required rate change the interpretation of weather and light? Collect one traceable record.                                   | Source / Comparable record         |
| 10-18 min | What boundary on field restrictions must be checked before relying on next checkpoint? Label its date, owner and context.              | Trace / Learning pattern           |
| 18-24 min | Which observation links resources remaining to field restrictions, and what remains uncertain? Cross-check the material independently. | Verification / Bounded explanation |
| 24-27 min | What alternative explanation could account for both weather and light and scoreboard? Resolve or expose one gap.                       | Exception / Next priority          |
| 27-30 min | What next check on next checkpoint would make the record about required rate more useful? Record the supported conclusion.             | Sign-off / Review date             |

### Evidence Record Log

| Evidence Record | Condition      | Observation | Decision              |
|-----------------|----------------|-------------|-----------------------|
| 1               | Same / changed | _____       | Keep / change / check |
| 2               | Same / changed | _____       | Keep / change / check |
| 3               | Same / changed | _____       | Keep / change / check |
| 4               | Same / changed | _____       | Keep / change / check |
| 5               | Same / changed | _____       | Keep / change / check |

## Source and Evidence Reconciliation - Learning and Adaptation Lens

This comparison tests match awareness against review performance through two independent questions. Format: Which source is strongest for this decision, and what limitation remains? Outcome: Which single adjustment is best supported by the complete review record? Record material setting differences instead of averaging them away.

| Evidence area       | Baseline | Alternative | Interpretation prompt                                                                          |
|---------------------|----------|-------------|------------------------------------------------------------------------------------------------|
| Required Rate       | _____    | _____       | Which evidence separates scoreboard from resources remaining in this case?                     |
| Weather And Light   | _____    | _____       | How does required rate change the interpretation of weather and light?                         |
| Field Restrictions  | _____    | _____       | What boundary on field restrictions must be checked before relying on next checkpoint?         |
| Next Checkpoint     | _____    | _____       | Which observation links resources remaining to field restrictions, and what remains uncertain? |
| Scoreboard          | _____    | _____       | What alternative explanation could account for both weather and light and scoreboard?          |
| Resources Remaining | _____    | _____       | What next check on next checkpoint would make the record about required rate more useful?      |

### Format Decision Test

| Field                          | Record                                                                    |
|--------------------------------|---------------------------------------------------------------------------|
| Review question                | Which source is strongest for this decision, and what limitation remains? |
| Outcome question               | Which single adjustment is best supported by the complete review record?  |
| Acceptance lens                | choose a small next target supported by the session record                |
| Conditions held steady         | _____                                                                     |
| Evidence supporting the choice | _____                                                                     |
| Evidence against the choice    | _____                                                                     |

### Evidence Confidence Check

- Review set: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates exceptions resolved?
- Outcome evidence: which record best demonstrates reviews scheduled?
- Challenge: could noise is mistaken for a pattern explain the result?
- Subject boundary: what does this comparison leave unresolved about scoreboard?

## Evidence x Learning and Adaptation Scenario Cards

Use these paired scenarios to rehearse judgement for review performance. Each card joins a evidence failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                       | Review question                                                                                | Decision            |
|---|-------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------|
| 1 | Scoreboard: the context has changed.            | Which evidence separates scoreboard from resources remaining in this case?                     | Review set          |
| 2 | Resources Remaining: approval is missing.       | How does required rate change the interpretation of weather and light?                         | Comparable record   |
| 3 | Required Rate: the source has no date.          | What boundary on field restrictions must be checked before relying on next checkpoint?         | Learning pattern    |
| 4 | Weather And Light: the evidence is second-hand. | Which observation links resources remaining to field restrictions, and what remains uncertain? | Bounded explanation |
| 5 | Field Restrictions: two records disagree.       | What alternative explanation could account for both weather and light and scoreboard?          | Next priority       |
| 6 | Next Checkpoint: a value lacks units.           | What next check on next checkpoint would make the record about required rate more useful?      | Review date         |

### Decision Record

| Field                  | Notes                                                                    |
|------------------------|--------------------------------------------------------------------------|
| Chosen format scenario | _____                                                                    |
| Outcome lens           | Which single adjustment is best supported by the complete review record? |
| Evidence available     | _____                                                                    |
| Evidence missing       | _____                                                                    |
| Controlled next step   | _____                                                                    |
| Person / review date   | _____                                                                    |

## Eight Evidence and Learning and Adaptation Evidence Tracker

Track review performance across eight practice blocks using the evidence method and the learning and adaptation outcome lens. Keep conditions visible and use this review question: Which single adjustment is best supported by the complete review record?

| # | Focus               | Condition | Result | Next action |
|---|---------------------|-----------|--------|-------------|
| 1 | Weather And Light   | _____     | _____  | _____       |
| 2 | Field Restrictions  | _____     | _____  | _____       |
| 3 | Next Checkpoint     | _____     | _____  | _____       |
| 4 | Scoreboard          | _____     | _____  | _____       |
| 5 | Resources Remaining | _____     | _____  | _____       |
| 6 | Required Rate       | _____     | _____  | _____       |
| 7 | Weather And Light   | _____     | _____  | _____       |
| 8 | Field Restrictions  | _____     | _____  | _____       |

### Evidence Evidence Dashboard

| Measure                                                            | Baseline | Current | Evidence location |
|--------------------------------------------------------------------|----------|---------|-------------------|
| Scoreboard: Sources Identified / Records Gathered                  | _____    | _____   | _____             |
| Resources Remaining: Dates Captured / Conditions Aligned           | _____    | _____   | _____             |
| Required Rate: Records Traced / Patterns Detected                  | _____    | _____   | _____             |
| Weather And Light: Cross-Checks Completed / Explanations Qualified | _____    | _____   | _____             |
| Field Restrictions: Exceptions Resolved / Adjustments Prioritised  | _____    | _____   | _____             |
| Next Checkpoint: Conclusions Supported / Reviews Scheduled         | _____    | _____   | _____             |

### Interpret the Trend

- I included evidence that challenged the most convenient explanation.
- I selected one next adjustment and scheduled when it will be reviewed.
- Keep the method only when the evidence for review performance improves without hiding noise is mistaken for a pattern.
- What alternative explanation could account for both weather and light and scoreboard?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Evidence x Learning and Adaptation Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this practice session planner, the intended result was review performance; the outcome test is: Which single adjustment is best supported by the complete review record? The close-out standard remains: choose a small next target supported by the session record.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates scoreboard from resources remaining in this case?
- Subject check: How does required rate change the interpretation of weather and light?
- Format check: I left disputed or missing evidence visibly unresolved.
- Outcome check: I selected one next adjustment and scheduled when it will be reviewed.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

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